

Men's Measurements for Jeans and Trousers

*You can do this yourself in front of a full-body mirror, have someone to help you, or take this form to your tailor to measure you. Be sure to wear something light weight. Take a pair of jeans or pants that fit the best length-wise with you. Please round measurements **up** to the nearest ¼ inch.*



1
Waist



1. Waist Circumference

Measure waist where you prefer to wear your jean or trouser to tightness you want. If you are currently wearing jeans or pants, do not measure on top of waistband or belt. It's best to measure just above the waistband.



2
Hip



2. Seat or Hip Circumference

Measure comfortably around the most prominent part of the buttock or hip. Make sure the tape is level to the floor and not too tight.



3. Thigh Circumference

Measure thigh circumference close to the crotch level. Make sure tape is not too tight.



4 Inseam Length on Right Leg

Use your pair of pants/jeans that has the best length. Lay it flat on a table. Measure from crotch seam to bottom of hem. You can make it longer or shorter as you wish, but be sure to add or subtract the same amount to the outseam measurement.

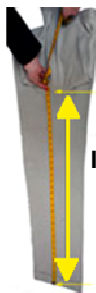


5 Outseam Length on Right Leg

Use the same leg that you measured the inseam, measure on side of the pants from top of waistband to the bottom of hem. If you want it longer or shorter, be sure to add or subtract the same amount you did for inseam



3
Thigh



4
Inseam



5
Outseam

Optional Measurements



6. Inseam Length on Left Leg

If you want different length on the left side, please measure from crotch seam to bottom of hem on the left leg from the pair of pants you used for the right inseam. If you want it longer or shorter, be sure add or subtract the proper amount.